



# CAREWELL PILOT FACTSHEET POWYS, WALES

## Region Powys, Wales

Powys is a principal area, local-government county and preserved county in Mid Wales which is named after the successor Kingdom of Powys. Powys covers an area of 5,179 km<sup>2</sup>, making it the largest county in Wales by land area, but the least densely populated with a total population of 133,000.

**Partners** Powys Teaching Health Board

**Main CareWell Innovation** Patient empowerment & care coordination in rural communities

**Patient cohort** 100

**Participating health professionals** 4 community GP practices (incl. staff)

## HEALTHCARE SYSTEM

Powys Teaching Health Board (PTHB) is a rural health board and one of seven Health Boards in Wales. It is unique in that all of its services are community based; patients need to travel out of the county for secondary care services. Powys has nine Community Hospitals including four Minor Injuries Units with 17 GP practices. It also has one innovative integrated health and social care centre. Challenges include having an ageing population, high rurality, hidden deprivation, and difficulties in accessing services including those related to transport. There is a greater percentage of people aged over 50, and a substantially smaller proportion of working age adults in Powys compared with Wales as a whole.

PTHB works closely with organisations in Wales and England to provide services for the people of Powys and strives to bring as many services as possible back into Powys, including assessment and follow ups after treatment. The health board also works closely with Powys County Council and the voluntary sector to meet the needs of the community.





## PATIENT EMPOWERMENT & HOME-SUPPORT PATHWAY

The following services are operational in Powys as part of this CareWell pathway:

- GP practice websites include chronic conditions management educational content to support patients to self-care and self-manage.
- Patients will be able to book appointments with GP's, order repeat prescriptions and manage personal contact details 24/7 using on-line solutions.
- Patients and GP's will have the facility to hold consultations via Video Conference.

## INTEGRATED CARE COORDINATION PATHWAY

The following services are operational in Powys as part of this CareWell pathway:

- Interconsultation between primary and secondary care possible through the Electronic Health Record (EHR), Video Conference (VC) and communication devices.
- Mobile communication devices are available within the GP surgeries to support the use of Skype for Business.

## PATIENT RECRUITMENT AND SERVICE ROLLOUT

A total of 100 patients have been identified for evaluation, based on the MAST Framework lead by the region of southern Denmark in conjunction with BeyondSilos and SmartCare consortiums.

A cohort of 100 patients over the age of 65, suffering from two or more chronic conditions such as chronic obstructive, pulmonary disease, ischemic heart failure and diabetes has been recruited for the project.

Multidisciplinary teams from four community GP practices are taking part in the pilot. Additionally, specialist nurses who link into the practices and the cohort were recruited.

## CONTACT

**Daniel Davies, Programme Manager,  
Powys Teaching Health Board**

Bronllys Hospital; Bronllys, Brecon, Powys,  
LD03 0LS

Phone +44 1874 712428

Carewell.Co-Ordinator@wales.nhs.uk

carewell@carewell-project.eu

www.carewell-project.eu

